



# **REBOUND PLAN**

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## **SAFETY REP TRAINING MODULE**

**LAST UPDATED: SEPTEMBER 18<sup>TH</sup>, 2020**

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## ***OUR NEWEST TEAM MEMBER***

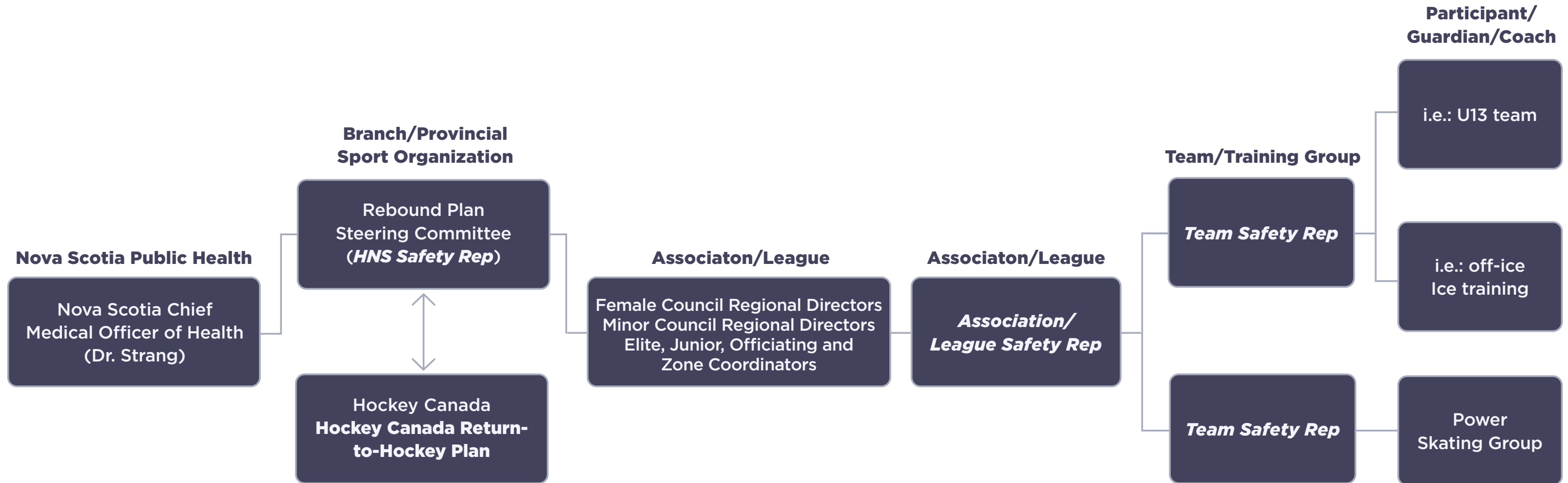


A grayscale photograph of hockey players and a referee in a huddle on an ice rink. The players are wearing CCM gear, and the referee is in a striped shirt. The scene is centered in the background.

# **REB UND PLAN**

[CLICK HERE FOR MORE >](#)

# SAFETY ROLES AND COMMUNICATION FLOW



## **Responsibilities include:**

- To receive *Rebound Plan* updates from Hockey Nova Scotia (via their council regional director)
- To meet with *Team Safety* Reps and to provide information and Rebound Plan updates
- Act as *liaison* between the teams and their local facilities

## ***SAFETY REP REQUIREMENTS***

- Completion of Criminal Record Check (CRC) with Vulnerable Sector Verification**
- Hockey Canada Planning a *Safe Return to Hockey* E-learning module**

**Both *must be completed* by December 1<sup>st</sup>.**

## ***HOCKEY CANADA HU PLANNING A SAFE RETURN TO HOCKEY E-LEARNING MODULE***

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**To register for this free online module, login into your *eHockey* account and sign up for the course here:**

**<https://ehockey.hockeycanada.ca/ehockey/account/login.aspx>**

**If you do not have an account, you can register for one by following these steps:**

**<https://ehockey.hockeycanada.ca/ehockey/account/AccountExplanation.aspx>**



## ***TEAM SAFETY REP – ROLES AND RESPONSIBILITIES***

- 1** Receive updates to Nova Scotia Public Health guidelines, *Rebound Plan* updates, and local facility guidelines from the *Association/League Safety Rep*.
- 2** Meet with participants, parents/caregivers, coaches, and managers before the season begins to walk through the *Rebound Plan* and the COVID-19 guidelines of their local facilities.
- 3** Ensuring that the *COVID-19 participant self-screening* is conducted for each participant before each training (on and off-ice) session.
- 4** Complete and store the *screening registry*.

## **Responsibility #1**

Receive updates to Nova Scotia Public Health guidelines, *Rebound Plan* updates, and local facility guidelines from the *Association/League Safety Rep.*

[CLICK HERE TO VISIT NS PUBLIC HEALTH >](#)

[CLICK HERE TO VISIT HOCKEYNOVASCOTIA.CA >](#)

## **Responsibility #2**

**Meet with participants, parents/caregivers, coaches, and managers before the season begins to walk through the *Rebound Plan* and the COVID-19 guidelines of their local facilities.**

## **Facility Guidelines**

**At the facility, be aware of their guidelines concerning:**

- **Social distancing**
- **Number of people allowed in facility**
- **Signage**
- **Restricted areas**
- **Dressing rooms**
- **Temporary/alternative dressing rooms**
- **Cleaning and sanitation guidelines**
- **User behaviour protocols**
- **Building access protocols**
- **Communication**
- **Hygiene**

## **Responsibility #3**

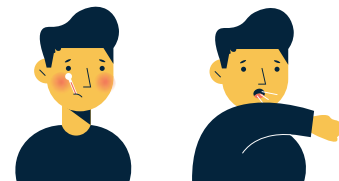
Ensuring that the ***COVID-19 self-screening*** is conducted for each participant and coach before each on or off-ice session.

[CLICK HERE FOR MORE >](#)

# SCREENING TOOL

**1** **Are you feeling unwell?**  
If yes, stay home and avoid public spaces, including work, school/child care, and shopping.

**2** **Do you have any of these symptoms?**



Fever **OR** Cough (new or worsening)

**OR** two or more of the following symptoms (new or worsening);



Sore throat

Runny nose

Headache

Shortness of breath

If yes, stay home and contact 811 to be screened for testing for COVID-19.

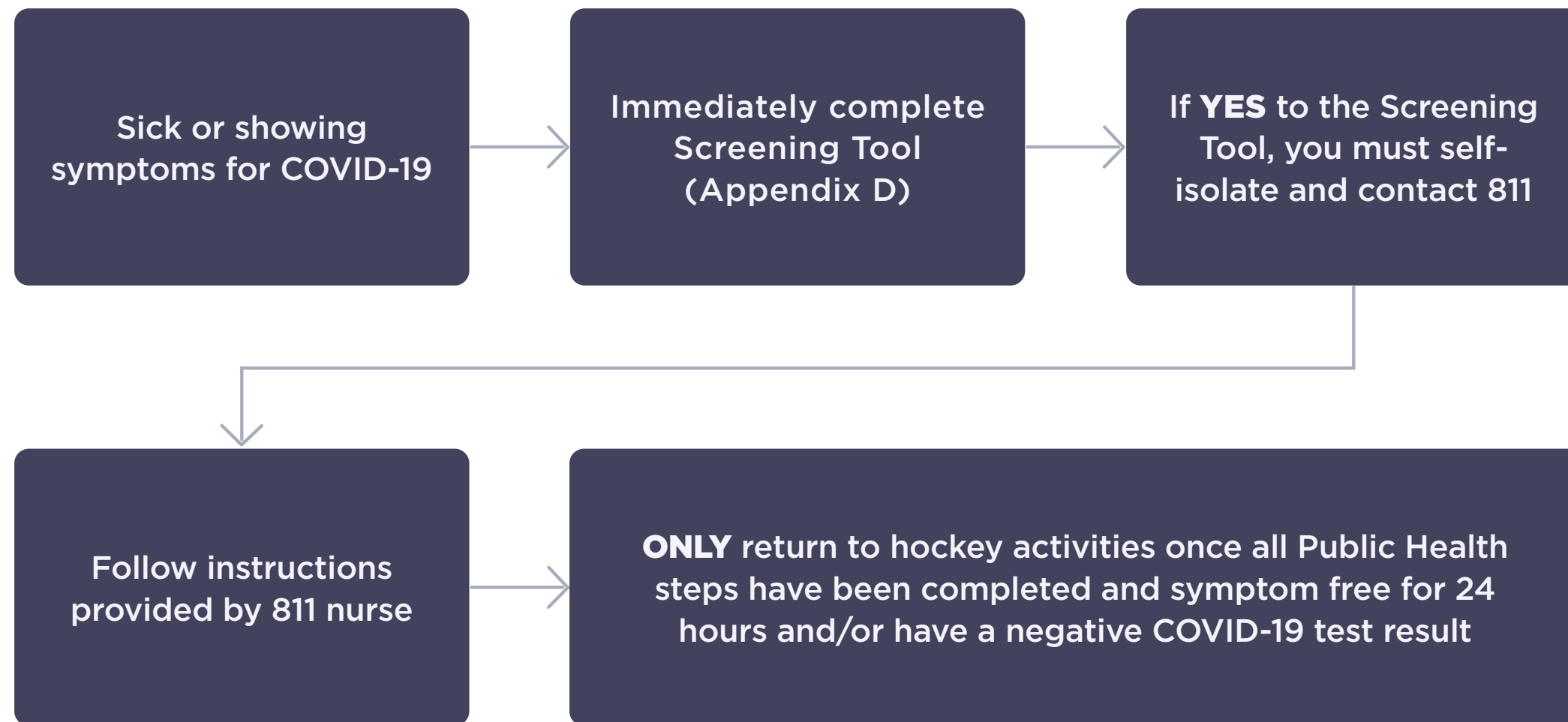
If you are unsure whether you should be tested complete the 811 online assessment, <https://when-to-call-about-covid19.novascotia.ca/en>, or if unable to access the online tool, call 811.

**3** **In the last 14 days, have you travelled outside Atlantic Canada?**  
If yes, you must stay home. You are required by law to self-isolate for 14 days upon return to Atlantic Canada.

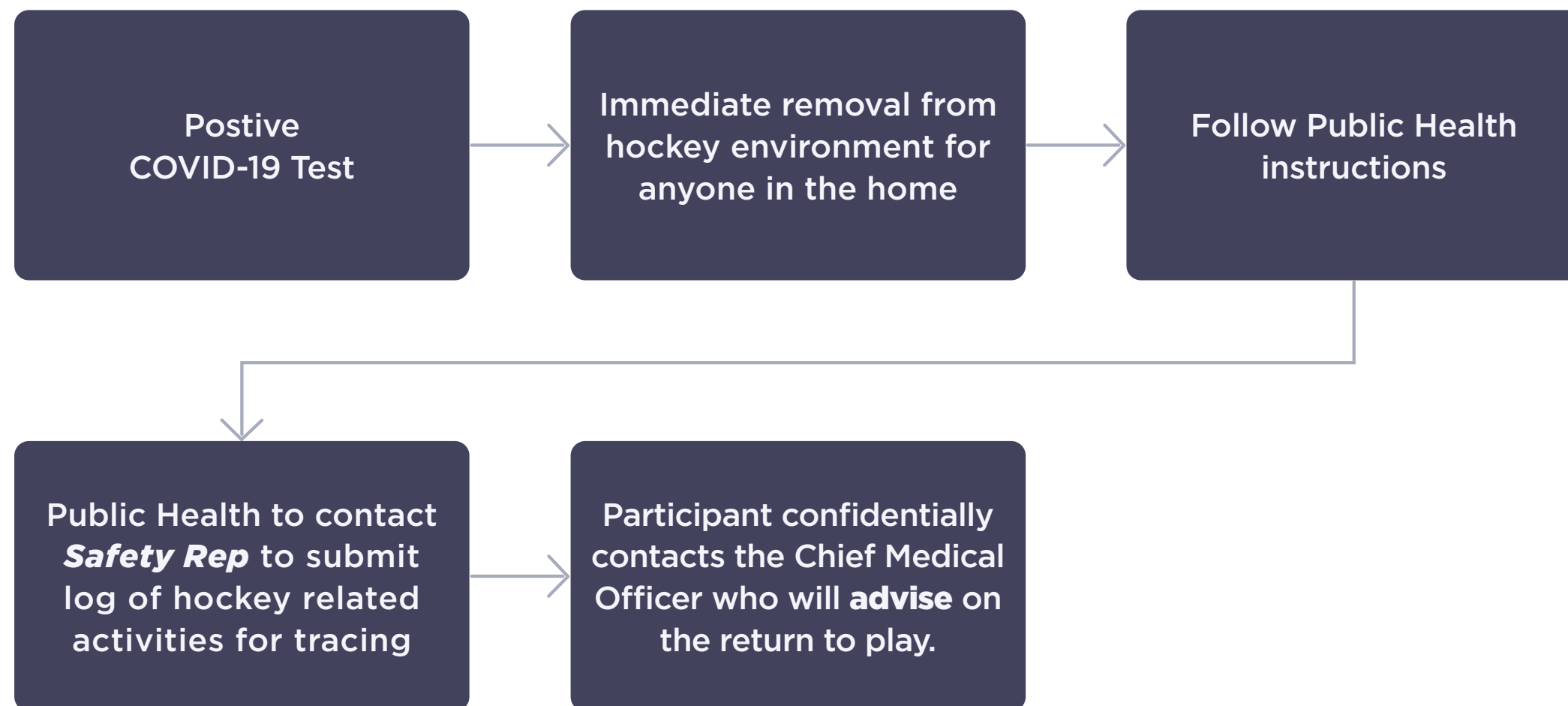
**4** **In the last 14 days, have you had close contact (within 2 metres / 6 feet) with someone confirmed to have COVID-19?**  
If yes, you must stay home. You are required by law to self-isolate if you have been identified as a close contact of someone with COVID-19. If you haven't spoken with Public Health or been tested, you should contact 811 to be screened for testing for COVID-19.

**5** **Are you waiting for results from a COVID-19 test?**  
If yes, stay home. You are required by law to self-isolate while awaiting COVID-19 test results. Please follow instructions given by Public Health.

## If a participant *has* symptoms:



## If a participant has tested *positive* for COVID-19:





## Responsibility #4

Completing the *screening registry*.

[CLICK HERE FOR MORE >](#)

HOCKEY NOVA SCOTIA PARTICIPANT SCREENING REGISTRY				
Date:		Facility Name (location):		
Start Time of Session:		End Time of Session:		
Safety Rep:		Phone #:		
#	Player/Coach Name (first, last)	Team/Group	Contact Number	Answered "No" to all screening questions
1.				
2.				
3.				
4.				
5.				
6.				
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## ***IMPORTANT LINKS***

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**Hockey Nova Scotia – Rebound Plan**

***<http://www.hockeynovascotia.ca/>***

**Hockey Canada – Return to Hockey**

***<https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey>***

**Province of Nova Scotia – Public Health**

***<https://novascotia.ca/coronavirus/>***

***THANK YOU.***

